Issue 5 November 15, 2010 New Star





How to Register on Courses at AUCA n

**Fashion Week'10** 

Time Managemant

#### **Dean of Students Column**



- Почему ты не купила? Классная же юбка!
- У меня две подружки в таких же ходят.
- А... Тогда правильно...

Стоит ли быть уникальными? Необыкновенными? Так ли это важно?...

Может просто достаточно учить, как позволяют нам наши знания, опыт, талант и условия, которые предоставляются университетом?.. Учиться насколько позволяет наша природная лень или трудолюбие?..

В мире сотни тысяч университетов. Хороших, средних и плохих.

Они как люди – умные и не очень, честные и не очень, красивые и не очень. Причем ум, честность и красота – понятия сравнительные, разными людьми определяются посвоему, и имеет разную ценность.

Ещё никто толком не объяснил нам, простым людям: почему в бесконечности пересекаются параллельные линии и почему часто бывает так, что лишнее становится важнее необходимого.

Может уникальность университетов складывается из уникальности людей, которые там работают и учатся? Не знаю.

Часто у людей спрашивают:

- За что ты его (её) любишь?..

#### Будем уникальными?

И они не могут объяснить. Просто любят и всё. До дрожи в коленях и до слёз на глазах. Они готовы отдать жизнь за любимого человека, а объяснить, за что любят, не могут.

Чаще всего говорят:

- Она (он) такая – единственная на земле.

Такова жизнь.

Мне кажется, когда в конце Посвящения в студенты АУЦА тысяча человек всерьёз поют вместе одну и ту же песню, — это состояние наивысшего проявления Любви. Любви друг к другу и университету. Не надо препарировать эту любовь и пытаться понять почему?..

Любовь не заслуживают – её дарят. Любовь – это не способность её заслужить, а талант её ощутить.

Спасибо тем, кто подарил нам любовь со сцены и спасибо тем, кто принял её в зале.

Для меня – это и есть unique spirit. Может для кого-то что-то другое. Не важно что.

Главное, чтобы было.

Потому что если пропадет, то жить станет неинтересно.

«Мафия» - назвали свою дискотеку после Посвящения её организаторы. Я думаю, все знают, что «мафия» в переводе с итальянского «семья».

Поверьте, мы станем неинтересны никому, когда перестанем быть семьей. Все МЫ: студенты, выпускники, преподаватели, сотрудники. ВСЕ!

Пускай мы будем хуже или лучше других, но пускай мы будем в этом мире — ЕДИНСТВЕННЫЕ друг для друга и для тех, кто пришёл к нам в этом году и придёт в будущем.

Н.Шульгин

### **Food @ AUCA Column**

Hello AUCA!

I can tell what you are thinking; yes, it is another column in our newspaper! Excuse me for being so predictable. I am a dark person who speaks up about things that are not right in our university. There are many of them and in today's issue I will discuss our cafeterias. Sorry, Malika.

Personally, I do not like a lot of things in the cafeterias. I do not like the smell in the corridor dining room in Kitchenette, especially in the mornings. I hate sitting in the dining room of Kitchenette because it is really cold there, even during summer. I hate sticky tables. I do not like that even tissues are being sold.

Another problem of any of the four places we could get our meal at is a lack of space, tables, and chairs. Also, I can't understand why the cafeterias close so early, even if there are a lot of classes held in the university and students studying in labs until 10 p.m. Why can't students have access to meals on Saturdays? Forget about meals, why can't we even buy drinks on weekends?

Prices at the cafeterias are increasing these days. I recently read an article about cafeterias at a Russian university. The authors wrote about how students organized boycotts of their cafeterias due to the high or daily-changing prices for food. They wrote about canteenleasers, who have to take part in a contest to receive permission to sell food at the university. Moreover, those cafeterias offer different rent payment to universities. Once a company offered to pay 19 million rubles per year! In other countries, Germany for example, university cafeterias are competing annually for the title of "Best cafeteria". The winner gets a prize – a golden tray.

And what do we have? Increasing prices that motivate you to stop eating. The prices are outrageous in both Bravo and Kitchenette. Maybe it is time for the university to reconsider their prices?

Meanwhile, the number of students standing in the line, asking about the price before ordering, will not decrease. Students will continue to walk away with a big, almost empty tray and a little "samsa" or "pirojok" with a cup of tea on it. So, why don't we change this, AUCA students, Student Senate?

Student with big, but almost empty

### Dear Students and AUCA Community!



The AUCA Student senate wishes you a successful and effective half of the semester and wants to share with some news with you.

On the 29th of October, Friday, AUCA celebrated a fascinating Halloween party held by Student Senate and Student Affairs Office. That day the "Bravo" was decorated by by different scary Halloween items and, of course with pumpkins for creating special Halloween atmosphere. In order to create an appropriate mood we organized different funny games and competitions, showed the horror film "Mirrors 2". Also Student Senate made an auction of Halloween pumpkins, where students, staff and our guests from American Transit Center "Manas" took part. The budget that we got from the auction will be spent for AUCA students' purposes, because, as you know, our entire budget is for student's support. We hope that you had a great Halloween and enjoyed the day!

On the October 29, AUCA Student Senate and Administration provided funds to AUCA football team to covering their expenses. AUCA football team will present our university on mini-soccer First League of Kyrgyzstan. The project was initiated and prepared by Senators. We wish good luck to our team and hope that they will represent AUCA honorably.

Recently we had some complaints about the quality and prices of food in "Bravo" and "Kitchen net". However, Student Senate and Administration can't make decisions being based on complaints of some students. Therefore was organized the questionnaire for your attitude towards the university food in general. We want to know the opinion and advices of every student, and we ask you to participate actively, to express your opinion, write comments and be specific! Also don't forget about AUCA Student Senate e-mail where you can send your recommendations, complaints and ideas! And if you want to make an appointment you can do with our Hearing committee, which is always glad to connect with you as well as all Student Senate members!

Student Senate

Редколлегия приносит свои извинения читателям в связи с тем, что в прошлом выпуске на 6 странице был опубликован неотредактированный текст под названием «А чего же хотят девушки АУЦА?» с множеством неточностей и грамматических ошибок.

Пфуй, ну понятное дело Кристина Psy 110 у нас не «Замечательный фраер», а Сабина Psy 109 не «Овца». Ну, отправила я неправленую версию вместо правленой на верстку, ну, пропустил редактор эти ошибки, ну, в общем, напечатали мы этот злосчастный опрос с кучей ошибок и с «понемающими» парнями в ответах девушек. Ну и что? Студенческая ведь газета, чего вы придираетесь?

Ан нет, наши студенты ещё раз показали, что пассивность не для них. Учувствовать в жизни университета значит не только есть



вкусности на Diversity Week, но ещё и указывать на ошибки в газете. Не поленились некоторые из вас даже выправить все неточности ручкой и принести экземпляр Наргизе Рыскуловой. Спасибо вам за это. И тут, кстати, ни капли сарказма.

Зарина Исамбаева

## Column: We Want Changes, Not Promises

# first part: outflow of American and Western PhD

Central Asian Institute and to build MA and undergraduate study abroad programs focusing on Central Asia. He desires to infuse into AUCA culture American and European PhDs who can teach in our program and thereby raise the level of instructional expectation on campus.

He plans to significantly increase the percentage of faculty who have PhDs, are in the course of obtaining them, or have spent significant time on campuses of major universities doing research towards a PhD degree.

In the 2010-11 school year, Dr. Wachtel promises to create a list of faculty who can most benefit from such a program, send staff abroad, and by winter 2011 recruit recent PhDs to work at AUCA.

I worked last year as a Student Senator at AUCA. I remember that in each meeting we had with the President and Vice-President for Financial Affairs, we received one answer: AUCA's budget is running a deficit, and we do not have enough money to fix all these problems. An example is that AUCA TV and Radio has not been working at all because of lack

Dr. Wachtel has promised to create a of funding. The administration decided to equip the university, and especially the Barova, with one big TV on the wall. Students from different departments and fields of study wrote to the President and Administration of AUCA about this problem, but the only answer received was that no money for such activities exists. Then the logical question that is raised in the mind of students is how the administration made this decision.

> I had discussions about this with three AUCA American instructors who have a PhD degree: Dr. Seamus O'Sullivan, Dr. John Couper, and Dr. Otto Pohl. They told me their stories about how the administration of AUCA treated them. Dr. Seamus O' Sullivan received a message that he must quit working without any specific reason or explanation, and if he did not, then they were not going to pay him a salary.

Dr. John Couper contributed so much to AUCA, especially to the Journalism and Mass Communication Department, but his job was at risk because the ex-President of AUCA wanted to change Journalism to a Creative Writing program. But it did not

happen because students were against this change.

The last one was Dr. Otto Pohl. Everyone was shocked when they heard that AUCA would not sign his contract for the next year. He received a message that he was no longer needed because of "some changes" at the Comparative Politics Department. He could not teach there because he had a degree in history. The department did not need someone who had a PhD in history.

AUCA was paying each professor about \$1,000 dollars a month, plus housing and travel expenses. They accepted this low salary, but they wanted mainly to contribute their knowledge to the future leaders of Central Asian countries. They did their job, and as student I am so thankful and proud of them. How will Dr. Watchel increase the number of American or European PhD instructors at AUCA?

For several years, I have been hearing and reading about different amounts donated to AUCA from different organizations and the US Department of State. It is unclear how these donations have affected AUCA and its students.



There must be transparency, and students should know how the Administration of AUCA is spending its donated monies. Recently AUCA received more than half a million dollars from USAID in order to promote research and development of faculty. Let's wait and see how smartly the administration of AUCA spends this grant. I am sure that we will find the right answer to these questions in a year or

By Hotak Yama

# How to Register on Courses at AUCA





Strong crowds of students attacking office managers of different departments are packing all the halls of AUCA. Announcements indicating that mostly demanded and necessary courses overfilled are posted up on the doors of departments, and guys who face to them are very disappointed and even sometimes angry about it. Study cards of most students are stricken out because of the confrontation of the proposal schedules and ones that they have to have eventually. The regular enrollment period for Spring 2010

Every student of AUCA has to draw up one's schedule for the next semester this time, and the success of the scheduling depends mostly on how fast one will be. Even the extent of the registration lasts practically two weeks, students tend to register everywhere on the first day; otherwise, the possibility to stay with an empty study card can occur.

"Why am I not able to study subjects I want? I'm paying money for each course - and this!" shout some students and then humbly ask for signatures of advisers, accountants, and librarians – signatures on what they are often disagree with, indeed. They submit signed study cards in the registration office and doom themselves towards studying "the courses which were left."

AUCA is the only Kyrgyzstan university which offers students the opportunity of managing their own curriculum according to their needs and preferences. At the same time, programs have their own requirements, the list of courses no matter what, even if it kills a student, but he or she must take; not everything is entrusted to the undergraduates. Also, the number of people who can be enrolled in a certain class is limited. So, on one hand, working out the schedule by oneself is a unique chance for AUCA student to become a chief of one's studying, on the other – a failing to choose any worthy and necessary course in order to fit all the requirements of students'

Our university is American, isn't it? And do you know how the registration on courses takes its place in America? Online. Students manage to sign on the courses without so much waste of time and nerves there. Colleges and universities of America don't have overcrowded halls and draft, crossed out study cards in registration period. And if we tend to be really an American university (which even has the accreditation by American Bard college), we should redesign the approach towards the enrollment on the courses.

"New alterations concerning online registration on courses are in hammering," Dean of Juraev, Academic Development assures. "The Early Field Trial has already been conducted. AUCA programmers designed a system which allows online registration to take its place in our university; however, it needs some overpatching and will be implemented not earlier than in one academic year."

Shairbek understands the urgency and

necessity of solving registration problem, but he stresses that online registration isn't an ultimate tool for its solving because of ruling out by such means the communication, interconnection between professors and students who want to register on their courses. On the other hand, the Dean of Academic Development notes that the entire world turns into a digital one, and it is a little bit unreasonable to register students on pieces of paper and then put the same information into a computer while there is a possibility of simplifying this process and making registration as online one.

Will we have "a simplified model of registration" or not, and when this is to come into its force, time will show. Students, at least, want to have some kind of ordered registration, if not online. They are waiting for changes, for thorough planning this process. They do not want to shirk the classes in order to be in time for registration on the needed course. They do not want to struggle to each other for "a place in the sun," a demanded course's "sun." They want to make well-considerable decisions about choice of desirable courses, but not fail into the necessity of choosing whatever comes to their hand.

Hoping for finding ordered registration until having graduated,

Svetlana VERCHENKO

# Insight from the student

Shouting!!! Fighting!!! Angry faces!!!... Does it sound familiar? Yeah, you are right it is registration period near the department of Natural Sciences and Mathematics. It is not only one time phenomena; it is the same picture since I can remember myself as a student of

Here is a day of a student, who wants to sign up for the course from the department of Natural Sciences and Mathematics. First you get the class schedule book and run to the third floor hoping that you are going to be one of the "first ones there"... Guess what, you come and you have to sing up for the spot in the line. Good, first you fight to get into the line to sing up for the line. You won!!! Singed up for the line!!! You are number "100 and something" there. The most interesting is to come... You wait all day near the department. Then you don't get in there by the end of the day and come the next day and sign up for the new line... Fighting and shouting again!!! And it is all the same story with everyone. Finally, you got in the office, leaving shouting crowd behind. So now what? You ask if you can sign up for the course "History and Philosophy of Science." The answer is: "The group is filled up, come the next semester." That story repeats

with some students already third time (meaning you have to come 4th time for the next semester). Doesn't it sound entertaining? Yes, it does. But will our administration do something, so it not that much entertaining next time?

Valeriya Melnichuk

# She left without saying goodbye



When she left her office in Heart, she did not know something tragic was going to happen in few minutes. She was a young and ambitious girl, determined to work for her country, but she left the world unable to realize her dreams.

Shaqaiq graduated from AUCA in June

2010. She studied ICP (International and Comparative Politics) because it was her father's wish and she fulfilled it. She loved arts, literature, and mathematics. Most of all, she loved writing poems and kept her poetry notebook close to her wherever she went. Shaqaiq wrote touching poems about her homeland Afghanistan and the people she missed. She was also good at painting.

On the tragic day of October 24, 2010, Shaqaiq finished her work and left the office with another colleague. In 30 minutes a call to the office said Shaqaiq's car crashed with a huge truck and overturned. One of the witnesses said when people took her out of the smashed car, Shaqiaq was fatally injured, but still alive.

"Shaqaiq was rushed to a hospital, but died before she was hospitalized," said Edris Reha, her colleague from the Election Commission. After Shaqaiq graduated from AUCA, she started her new job with EC (Election Commission) in Herat, Afghanistan.

"She got her dream job because she always wanted people to participate in politics and in the life of her country, and it was the exact place for her," said Jahantab Faizi, Shaqaiq's best friend, classmate and roommate.

"My daughter was not made to die this soon, she was made to live long," Shaqaiq's mother cried. Her father said her sudden death left the whole family hopeless and depressed. "I kept her away from my family for five years to come back and work for her country, but her sudden death left us hopeless," her father said.

Shaqaiq was a modest, funny, happy, charming, intelligent, and lovely person. She was called "Barbie Doll' by her friends for her beauty and good sense of style. "She would not waste words for pointless chats, but would say something wise when needed. Because of her calmness and wisdom, everyone listened to her opinion and advice," said Jahantab.

"She wanted to be useful in her country, Afghanistan, and help it to get out of wars and instability," Jahantab added.

Fawzia, her other friend who was present at her funeral, said Shaqaiq left the world in a white coffin with a green patch and some red flowers on it. "The moment of farewell was woeful, all her relatives and friends were screaming and crying. It seemed as if the whole world was crying for her," said Fawzia. "She looked like a young bride when she left. She didn't deserve death," said Faqzia crying.

The news of Shaqaiq's death didn't only shock her friends in AUCA, but also her teachers. Mr. Rudolph, one of her professors, said, "We are incredibly sad to hear the news about Shaqaiq! She was a gifted, hardworking student with many dreams."

Shaqaiq will always be alive in our hearts!

Mariam Amiri

# Case of a Dormitory Exhibition

Have you ever passed by the Fuchika-Moskovskaya corner in Bishkek? Have you ever noticed a dark grey multistory building? If you did, you probably never thought that people could live in this dilapidated building.

Rushing somewhere, thinking about our own issues and problems, we often fail to notice what is going on around us. We fail to see that someone needs our help in sorrow or our attention in times of joy.

In order to make people notice injustice, an open group of artists and regular citizens called Fuchika-Moscovskaya organized an art exhibition The Case of a Dormitory on October 16, 2010. The exhibition called to support people who live in Bishkek squatters and who are not protected by government or law only because they do not have legal rights to live in the cold and ramshackle building.

Organizers intended to build a social sculpture by showing Bishkek citizens a difficult life in this dormitory, by providing us with an opportunity to speak to our countrymen who are deprived of normal living conditions due to poverty, people's negligence and government corruption. By having joint discussions on a roof about problems of the dormitory dwellers, the exhibition organizers wanted to ruin a false myth about this place as a hotbed of criminals and instability.

The social sculpture is to unite inhabitants of the unfinished building with architects, artists, fans of art, legal experts, and ordinary citizens in the attempt to draw attention to poverty, migration and housing problems in Bishkek.

"It is possible to change the world by means of art. After all, every person is an artist, and society could be transformed by healing gesture of art. It is possible to turn creative ability of painting on canvas to painting and creating positive human relations," organizers say.

Children of Plants and Squats

Dark and small room is full of big animals' carcasses hanging all over it. The air is thick and nauseating. This is a meat processing plant located near the dormitory, where children work arm in arm with adults, earning money for survival and thus giving

up some of their higher dreams.

These children and teens are deprived of education, good food and proper shelter. They have to sacrifice their health because processing raw meat with no special equipment can lead to contraction of many incurable diseases.

15 years ago, a lot of people clandestinely moved into the dormitory on the crossing of the streets Fuchika and Moskovskaya in Bishkek because they had no other place to live. Having moved, they put windows and conducted electricity toward the unfinished building. For small wages, dormitory dwellers work about 20 hours per day in clothing factories, meat processing plants located near to their building together with their children.

Meanwhile, many are trying to encroach on this "capital" earned with blood and sweat by asking to pay rent for the dormitory. Different "owners" come and ask for rent, despite the fact that officially the building doesn't belong to anyone. Several years ago, a meat processing plant asked a construction company to raise a multistory building, but hadn't paid for this. The construction was stopped, and the meat plant did not claim the ownership. Up

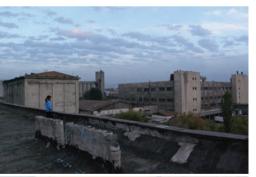


to date, the unfinished building belongs to nobody, according to official documents, and the owners of the meat processing plant try to assert their rights toward it. "Awful" Dormitory Life

Large families have to accommodate themselves in small rooms. Children play and eat in filthy rooms, stuffed with piles of clothes, dishes, and different household instruments. There is no running water and sewerage.

"It is a great contrast to ordinary apartments. Living conditions are awful," says a Bishkek resident who is visiting the dormitory for the first time.

However, dormitory residents can be deprived even of these "awful" dwellings. Local authorities aimed to evict these people from the unfinished building. Residents say that eviction was postponed because of the





parliamentary elections, and they fearfully wait for authorities to come.

The result of the previous eviction attempt in 2004 was tragic: a little boy died from cold and fever, as his family was left on the street. Does anyone want to make the same mistake?

Fuchika-Moscovskaya group calls for citizens to prevent any new innocent losses. It hopes to attract as many people as possible to this movement. The more people will be involved, the easier it will be to make a difference in our city, in the lives of squat residents, and in the dreams

of many children who still toil on the meat processing plant in the cold cement building.

Svetlana VERCHENKO







P.S. While taking photos of the dormitory, I noticed one girl who tried to be in the picture every time. Burning with curiosity, her eyes stared at my camera. I imagined her joy if I just let her hold the camera. "Do you want to become a photographer in future or a photo model?" I asked. "Yes," she said with confidence. "Or maybe...," she never finished the phrase maybe in fear of voicing unrealizable, but long awaited dream.

Photos taken by Joshik Murzakhmetov and Svetlana Verchenko

# Fashion. by Diana Panikhina

#### Day 1.

On the first day 16 collections in four nominations: (Avant-guard, Modern ethnos, Working life and Knitted boom.) were presented.

#### Day2.

On second day on run way were introduced18 collections in two nominations. ( High-society rout and New vision)



#### Day 3.

Young designers presented 19 collections in four nominations. (Childrens' fashion, Big city style, Fluffy gold and Stage image.)

Undoubtedly, Bishkek became an arena of fashion. Five days of beauty and style gathered fashion critiques and fans. On Fashion Week 2010 were introduced young designers' creations and famous designers' works

First three days was competitive program among young and talented designers, fourth day was the Fashion Guru of Bishkek were introduced. And at the last day the final show presented prize-winners.

#### Day 4.

On final show fashion prize winners in different nominations introduced own collections.

#### Day 5.

Winners of the Fashion week 2010 were identified.



Avant guard "Reptile's evolution"



New vision "High Tek"



Fluffy gold "Little piece of ice"



"Cherry orchard" By ZuchraMugambetova



Prize of audience sympathy "High voltage"

Halloween is an annual holiday that is celebrated on October 31. It has roots in the Celtic festival of Samhain and the Christian holy day of All Saints' Day. This tradition is mainly practiced in Canada, Ireland, and the United States, where legends say that on Halloween, the dead can return to earth. This day is celebrated by playing different games, watching

and setting up decorations. Before, these

celebrations were mostly for children,

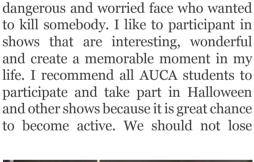
but nowadays they have become popular



among adults who take part in parties and other interesting things. AUCA began celebrating this tradition because, as an international university, they want to experience traditions from every culture.

Minkova Kseniya, working at the Student Affairs Office, said, "I don't believe in the soul night but I like Halloween activities during the day because they're very funny, interesting, and super. I really enjoyed watching the Halloween events with the

it, something felt wet and soft and I thought it was a real worm. I was scared and about to shout, but it was only spaghetti! Though they asked me to eat, I didn't."



"I performed as a scary person with a

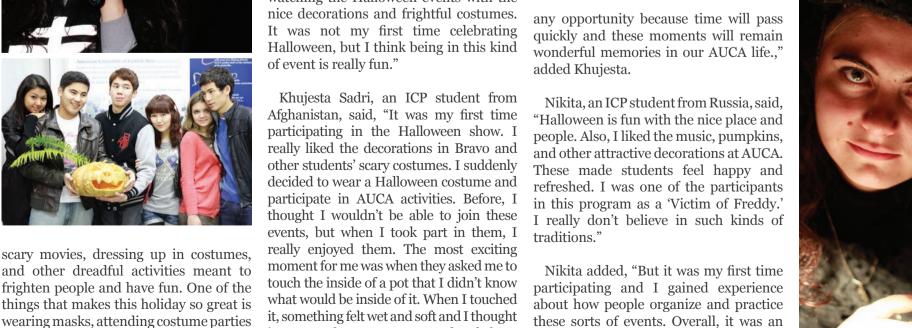


these sorts of events. Overall, it was an interesting and well-organized program."

Samea Shanori, an ICP student from

Afghanistan, said, "I was among the audience in the Halloween program; I don't believe in the legends. One thing that really impressed me was the art of carving the pumpkins; they were beautifully decorated. I didn't enjoy the program because of two reasons. First, the program was not good because I didn't think the games were too exciting. In addition, the sound was really loud and the place was really small, which made it impossible for some to understand the hosts. Second, the language used was Russian, hence, I didn't understand. It would be better if AUCA programs are in English, so all students can understand what is going on and not only the Russian speakers."

Material by Suraya Shams



# Time Management

How to manage our precious time – isn't this one of the main questions we ask ourselves in our daily lives?

It's a hot question for students, especially freshmen. Almost everyone faces this problem. You try to be as active as you can – participating in all extracurricular activities, clubs, spending time with your friends, and communicating with new acquaintances. You want to be a top-student in your classes, but you certainly do not want to forget about entertainment too.

Most freshmen justify their trouble with time management as normal because they just started with university life and still have high school habits – hanging out with friends, an irresponsible attitude toward homework assignments, lame excuses for not completing anything on time, and missing school classes.

But now we are here, in AUCA, where almost everyone tells us, "Forget about all of the habits you had in high school, you still do not understand where you are." I think it's a subject to think about. I hope this article will help you manage your time. Several freshmen themselves were asked to give several tips for their peers. Here are 10 of them:

"I really recommend you to single out the main things for yourself. I mean, for example, sports and your studies – if sports are more important to you and your future, then devote more time to training if you want to try out for a professional sports team. The more you train, the more you get as a result." Kalmatov Aydin, IBL-

"You'd better plot your own time schedule to have enough time for doing all of your affairs. First, try to fulfill the main aspects of your plan and then pass on to the minor ones. Then you will really justify your expectations. Also do not forget to have a rest; relaxation is always very important." Kozhosheva Astra, JMC-110

"I will advise you to think and plan everything in advance. Forget about the weekends – they are not for rest anymore. Of course I'm just exaggerating, but actually try to devote more time to your homework. Break yourself of your high school habits, buy a working alarm clock and put it in the most remote corner of your room. Also a wash-basin filled with cold water will become really useful when you need to wake yourself up. Try not to spend a lot of your time with friends – this really hinders your studies. And as for parties – I recommend you to attend them only on Friday or Saturday evenings." Djeentaev Sabyrbek, ECO-110

"You'd better do everything. I especially mean class assignments, with a clear head and when you have at least several ideas to develop. It's very important to make up a competent time schedule, too. Also, never buy a disc with your favorite movie or television shows right before your midterms or exams because this will never lead to a good result; we usually overestimate our will power." Tsoy Jenya,

JMC-110

"As most people's advice, it is easier to manage your time by making notes. I do not make a daily routine, but I try to make some notes to remember all the things I have to do during a certain period of time. When I am very busy with my studies, sometimes I forget about meetings with my friends and they are offended that I do not even call them. So, you cannot do all things at once and you should make some notes to keep in mind the important meetings and things you have to do. It is hard to follow the daily routine and I have never met a person who would make it and follow it every day. But my advice is to make notes if you have a lot of things to do in a short period of time; it is really helpful." Sultanbek kyzy Aidai, BA 110

"Time management... I'm probably not the best person to say something about it. Maybe some other students try to somehow manage their time, but I'm not one of those who do it. I try to do what should be done on time, as most students do. That's why it is the usual situation for me to write a paper the night before its deadline. Student years are student years, and although the knowledge I'm receiving

### "He who conquers others is strong; he who conquers himself is mighty."

these years will be used by me during my future career, I still do not manage my time properly. Although I do not make schedules, I'm planning to start doing it in the near future because I'm sure that it will help me. And maybe someday most of people in our country will start doing it because it helps people to manage time properly. I hope that someday people in our country will stop being late to meetings, and will start respecting not only their time, but others' time too." Usen uulu Askar, IBL 108

"When I studied in the AUCA prep program I did not think that I could be as busy as I am now! This year I do not have any free time because I have a lot of assignments, presentations, projects and so on. My day begins usually at 6 am. At 7 am I go out and get on public transport, then by 7:45 I am at the university. Usually I have four classes a day with some breaks between them. During my breaks I have time to eat and review home assignments. My classes finish around 4 pm, but my day only begins with homework assignments and readings. I do my written works in the university because there are the necessary books and of course the Internet (a student's good friend). Reading assignments I do at home because it is impossible to read in our library; it's too noisy. I come home around 7 or 8 pm and I usually eat dinner with my family and then I wash dishes. At 10:30 I read my FYS, Composition, Intro Sociology readings or something else, so I am never bored. Near 2 or 3 am I finally go to bed (It is the most pleasant time).

Frankly speaking, I do not have any other interests except for my studies because they take up all of my time. On weekends when I have a little time I do some house work. I know AUCA is worthy of my time and I am worthy to study here!" Gulzira Kamytzhanova, SOC 110

"When we were freshman, we were told to make a time schedule on a list of paper, just for our personal usage. On this time schedule we included for the whole week what we are going to do exactly; we included our classes and the things we do in our free time. This method helped me to manage my time and it makes me study more efficiently. When I look my schedule I see the exact time when I do things. The schedule helps me to manage my time." Damir Murataaly uulu, ICP 107

The next step of our time management research was a visit to the Career Center, whose main purpose is to provide active support to current AUCA students and alumni in planning their academic and professional careers. Lira Djuraeva, the Coordinator of Career Center, found time for New Star reporters to answer the questions they had.

#### Five Tips from the Internet

- 1. Admit multitasking is bad. For people who didn't grow up watching TV, typing out instant messages and doing homework all at the same time, multitasking is deadly. But it decreases everyone's productivity, no matter who they are. Even young people still have a loss of productivity from multitasking.
- 2. Do the most important thing first. When you wake up in the morning, before you do anything else, spends some time on the most important things on your todo list. This is a great idea because even if you can't get the whole thing done in the morning, you'll be much more likely to go back to it once you've gotten it started. This tip works best if you organize the night before so when you sit down to work you already know what your most important task of the day is.
- 3. Know when you work best. Each person has a best time. You can discover yours by monitoring your productivity over a period of time. Then you need to manage your schedule to keep your best time free for your most important work.
- 4. Organize your to-do list every day. If you don't know what you should be doing, how can you manage your time to do it? Some people like writing this list out by hand because it shows commitment to each item if you are willing to rewrite it each day until it gets done. Other people like software that can slice and dice their to-do list into manageable, relevant chunks.
- 5. Dare to be slow. Remember that a good time manager actually responds to some things more slowly than a bad time manager would. For example, someone who is doing the highest priority task is probably not answering incoming email while they're doing it. What you need to do is recognize that processing one's work (evaluating what's come in and how to handle it) and planning one's work are also mission-critical tasks.



Five Tips for Freshmen from Lira Djuraeva

- 1. Say "no" to all the social networks, or choose one out of all your accounts that have the biggest amount of useful people or functions, and minimize the amount of time spent using such communication systems, because you just waste your precious time. Social networks are really time-consuming.
- 2. Learn to set up your own priorities and choose what is most important for you: studies, community service, chatting and e-mailing with your friends, hanging out with them or going to night clubs. Devote time to extracurricular affairs only if they are really helpful for your academic career. Otherwise they could negatively influence your studies. I do not mean to give up them, but do not spend a lot of your time there. Revise all your time management principles.
- 3. Keep a planner, electronic or manual, a diary or whatever it doesn't really matter. It'll train you to be disciplined and it'll also train your memory. If you're committed enough to it, you'll notice that you are becoming better at memorizing all the things in your mind. Always plan ahead for everything.
- 4. Learn to manage not only your time, but yourself also. Learn how to motivate yourself, be a self-starter with the means of motivating, rewarding and supervising yourself. Don't ever get used to someone else's system of supervision create your own. Set up your own deadlines for papers; yours should be a little bit earlier than the official ones so that you can always catch up. One of my favorite sayings, from the great Chinese philosopher Lao Tzu, is, "He who conquers others is strong; he who conquers himself is mighty."
- 5. My last tip is to never give up. No matter how hard life is, do not ever give up, just think of the fact that success will become the next page of your life. Always wrestle until the very end. Neither your parents, nor your teachers and future boss are as important as your own judgment. Keep commitments to yourself, never lie to yourself, and never give up.

Material prepared by Panfilenko Masha and Aizhan Omurbekova

### **Believe**

# The meaning of life is to simply live.

The sky was beautiful. The fluffy clouds looked gorgeous. If you looked at them for a long time you could see how slowly they are moving. It was so sunny that you would not guess that it rained yesterday.

I was sitting near my mom on my knees when she said, "You know, it is interesting, but I never believed in superstitions before... until I met that girl." I knew for sure that just as usual she would tell an interesting story. I did nothing, but I attentively listened to her. "Do you remember your Uncle Toktobek and Aunt Sakin? They have a big family, ten kids overall. All of them have grown up now and each has their own families. Once, when one of their sons was getting married, your dad and I drove to them to see the bride as it is required in our tradition. When we arrived there were a lot of people in their house. Some were sitting around 'dastorkon' which was full of candies, cookies and other food. Others were trying to help the hostess to make borsok; its delicious smell was spreading all over the house. I went to the room where the young bride was sitting. She was sitting on the other side of the curtain (a Kyrgyz tradition to put the curtain dividing the room into two parts, in one part bride is supposed to be sitting, and bowing every guest who comes in). She stood and bowed to me as soon as she saw me. I kissed her forehead, wished her happiness and put the headscarf on her. That day was the first day
I saw Aigul. After that we saw each other
more often every time our families had got
together for holidays."

was astonished when they heard horse's
hoofs pounding the ground. Two men came
and knocked at their gate. The host of the
house got up, greeted and invited them to

"That year was not good for me. I lost your grandfather. It is not possible to describe what I felt at that time. I suffered from horrible headaches because of the stress. No medicine would help. The headaches would come from time to time, and whenever they would start it would be hard to even move. Once when we were at your uncle's house the headache started again. I was sitting quietly trying not to disturb anyone and still feeling that horrible headache. Aigul noticed that I was not feeling good. She came up to me, held my hand, and we went outside. It was a warm, sunny day. She asked me to sit and started to move her hand around my head. I could feel some kind of warmth. After a while my head stopped hurting and never felt that pain again."

"Aigul said, 'I know that you lost your father recently, I can help you. We should repeat this procedure several times and than the pain will go away.' Your uncle and aunt knew about her abilities. They even told a story about how they were sitting around the table and drinking tea when Aigul said, 'People who lost something are coming to our house.' No one really believed her and thought she was joking. But the family

was astonished when they heard horse's hoofs pounding the ground. Two men came and knocked at their gate. The host of the house got up, greeted and invited them to drink tea. The travelers said they lost one of their best horses, and that it had been three days already. Aigul said to them, 'Do not worry, you will find the horse if you go to the cattle bazaar in the neighboring town.' Days passed and the travelers came back and thanked them for helping. They found their horse in the neighboring town with the person who stole him."

"After this case, all the family members really started to believe that Aigul has amazing abilities."

I was sitting in the same pose; my mother continued her story.

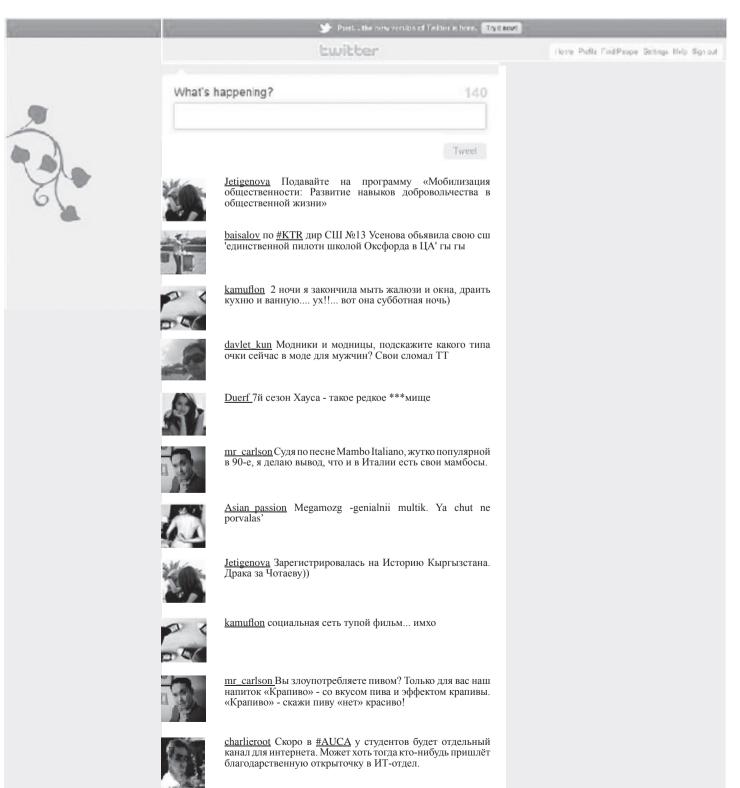
"Once, Aigul came to my work. One of my colleagues was suffering from a stomachache and we asked if she could do anything with this. She started to move her hands around his stomach for a few minutes and after that his stomach never hurt again."

"Another day, Busara came to our house and we were drinking tea together, at the same very day Aigul also came, I introduced them to each other. Busara had a son at the age of 25 who had serious problems with alcohol. Their family was suffering because of his problems. Aigul said that she could help, but Sultan would not come to her because he refused to admit that he is an alcoholic. Aigul asked to see his photo."

"The weekend came and I was at home doing chores when Aigul arrived. I could see that she cried. We had lunch together and she told what the matter is."

"Her husband became mad at her after finding the picture of a man. She burst in tears and said, 'I cannot live like this anymore. I have been trying, but I will not go back.' She told me that she must always help people, because if the energy that is supposed to go out to help people stays inside of her, it makes her sick. At the same time, her husband abuses her when she helps people because he is jealous. Her husband's family also has a hard time giving her moral support. After telling me these reasons Aigul left and neither I nor her husband's family have seen her again." I was still sitting on my knees holding my mother's hand and thinking, "There are indeed things in life we cannot explain, like this girl, Aigul, who had these god-given abilities. We don't know where this energy comes from and how it works. This is a mystery that we might never guess."

Karlygach Nurmanbetova



#### Конкурс «Золотая табуретка»

Уважаемые студенты и преподаватели АУЦА, литературный клуб «Золотая табуретка» имеет честь известить, что срок подачи работ на литературный конкурс продлён до 25 ноября.

По итогам конкурса будет издан альманах.

Подробности можно узнать в к. 105 у Айзады Тыныевой.

Желаем вам творческого вдохновения.

## Boxes

Официально Джалиль переходит с 6 места на первое.

Наконец-то я скоро выпущусь. VR. Уважаемый АУЦА, выпусти меня,

зачем я тебе нужен такой ;-)) Ммм... Какой он Sexy! =) Эхх, единственный достойный парень из

Freshmenoff! Фреши, не киснете! Ваш Дэй! Больше

позитива!
Читайте колонку сената, и потом не

говорите, что сенат бездельничает!!!!! You're not a bad guy, you're THE BEST

Красивые девушки...вы гдеееее? Красивые парни вас ждут!!!

There's only 1 thing 2 do, 3 words 4 you...

Фрешмени, увидимся в Glosse!!!

Ваши записи и заметки для рубрики AUCA Box, вы можете оставлять в New Star BOXe, в Браво.

You messages and notes you can leave in the NEW STAR BOX, in Bravo.

# Farewell Kiss to the Star Promo Group



Наша любовь к ним началась с 2007 года, когда они были фрешменами, тусили в «Браво» и гремели на весь АУЦА. Наша любовь усилилась, когда Асейин Кожахметов (ВА-107), Медер Мамутов (ВА-107), Азим Исаков (SFW-107) и Эрмек Мамбетов (SFW-107) начали проводить университетские вечеринки. Мы полюбили их еще сильнее, когда их вечеринки вышли на общегородской уровень. Видя заветную пятиконечную звездочку на рекламном плакате, можно было не сомневаться, что мероприятие пройдет на хорошем уровне. Мы любим их, иногда даже не будучи знакомы лично. За что? За простоту, острый юмор и успех.

- С чего все началось? Как вы стали Star Promo Group?,

Азим: У нас была компания друзей - Азим, Медер, я и Эрмек. Все началось с того, что к нам обратились выпускники АУЦА, Темир Чодуров и Тилек Шамурзаев, с предложением коммерческими проектами внутри университета под брендом Star Promo. Это они создали эту группу. Мы согласились. Нашим первым проектом стал выпуск Yearbook 2008. Это занимало очень много времени и сил. Обычно альбом выпускников создавался сенатом, но тогда они в силу каких-то причин отказались это делать, и мы решили попробовать. Был сделан упор на качество, чтобы всем выпускникам понравилось. Мы добавили много разных «фишек» - к примеру, на страничке каждого выпускника было напечатано его кредо, ну и так далее.

- Почему вы назвались именно STAR Promo Group?

Асейин: Изначально концепция этого бренда заключалась в том, чтобы в промо-группе состояло пять человек. Это символично, ведь у нашего логотипа - звезды - пять концов. Вообще, сначала, после того как Star Promo-старшие передали дело нам, в нашей команде, помимо четверых парней, была еще девушка -Карима Рахимова (ВА-107). Но потом она занялась учебой и бросила нас. Шутка. На самом деле у Каримы и ее подруг тоже была группа, называлась «В.Іпс.», и они нам частенько помогали в организации вечеринок: привлекали гостей, занимались рекламой и т.д.

- Что произошло потом? Азим: Посвящение для потока

2008 года. Это был первый опыт в проведении вечеринок. Очень много было проделано работы: большое количество печатной рекламы, шоупрограмма, привлечение спонсоров и гостей. Наша первая вечеринка, из которой мы извлекли много опыта. Обязанности были разделены между нами четырьмя: кто-то занимался финансовыми вопросами, ктото - спонсорами, и т.д. Конечно, было и такое, что пресловутые спонсоры говорили «да, да», а после отказывались. Через все это мы прошли.

А потом Медер уехал учиться в США, Эрмек обучение в АУЦА закончил, и остались мы вдвоем. (Азим и Асейин)

- Расскажите, чем вы занимались

Азим: Мы все лето были на Иссык-Куле, работали в летнем баре «Barcode». Все началось с бизнесплана, нам помогали Star Promoстаршие. Мы были привлечены для раскрутки летнего бара. Приехали на Иссык-Куль, начали строить весь бар, ставить его на ноги. Изначально все было в ужаснейшем состоянии, но мы справились. Открытие и первая вечеринка состоялись второго июля 2010 - Intro to Summer Session. Прошло «на ура». Асейин: Учитывая политическую обстановку в стране, сезон был не самый идеальный, но мы постарались его раскачать. 23го июля мы провели Jamaica Party, было очень много гостей, соблюдался дресс-код – красные, желтые и черные цвета. Далее мы продолжали работать в том же духе, в конце лета провели последнюю вечеринку -Outro – и после уже закрыли летний бар и вернулись в Бишкек.

- Что вы намерены делать дальше? Асейин.: Для начала - получить

Азим: Да, теперь Асик остается один, потому что я тоже улетаю доучиваться в Москву. Но, вообще, мы сейчас присматриваемсякмладшимпотокам, ищем последователей нашего дела внутри родного университета. Если удастся найти, будет шикарно. Нам нужны креативные, смелые тинэйджеры. Вообще это дело организация вечеров - дает огромный опыт и связи.

- Будете ли вы использовать бренд Star Promo и после окончания учебы? Асейин: В общем-то, он уже хорошо наработанный, так что было бы глупо не использовать. Хотя кто знает. Ну, посмотрим, если будем Потому что сначала мы были организовывать что-то, тогда конечно. Раскрутим его на весь Кыргызстан (смеется).

Что вам дало обучение в АУЦА? Азим и Асейин: Говоря о четырех годах, проведенных в университете, то первые два года были шикарными, а следующие два - скучными.

активными участниками внутриуниверситетской жизни, а потом занялись учебой... Но главное, что хотим сказать: даже если трое из нас уже не являются студентами АУЦА, все равно это наше родное место. Здесь наши лучшие друзья, здесь счастливые моменты, которые мы никогда не забудем.

# Вечеринки Star Promo

фотография с вечеринки 2009 года для второкурсников-107. Единственная в своем роде вечеринка, организованная только для этого потока. У фрешменов есть Посвящение, у джуниоров - Бал, у сениоров – Выпускной, а у софоморов – ничего! Вот мы и решили организовать «тусовку». Назвали BELEJASSIPA. Была такая шутка, что переводится это слово со старо-французского как «потанцуй со мной». А на самом деле это сборка заглавных букв всех наших факультетов. Вечер был с элементами маскарада: особое оформление клуба, шоу-программа, фуршет и еще всем пришедшим дарили маски. Вообще, мероприятие было организовано совместно с PulsarPromoGroup и девчонками из В.Inc. Девушки разучили танец (танец такой: двигаешься, как в песне говорится) – и абсолютно все танцевали под эту



песню, весь второй курс! Это было шикарно, неповторимо!

Несмотря на то, что наша промогруппа осталась «в пролете» в финансовом плане, это не было для нас разочарованием, потому что организовывалась вечеринка для самих себя (т.е. для софоморов-107). И все были очень довольны.



Наши подруги из B.Inc. на Martini первая вечеринка, Это проведенная НЕ в АУЦА. Почему назвали Martini? Потому что коктейль мартини сам по себе очень популярен, это один из самых давно придуманных напитков. «Фишкой» вечера был аукцион. На продажу выставлялся мартини. Особенность его заключалась

в том, что он был приготовлен по рецепту Джеймса Бонда. Если вы читали романы Яна Флеминга, то знаете, что главный герой придумал собственный рецепт мартини. Вот его и купили, где-то за две тысячи сомов. Соблюдался дресс-код, для парней – классические костюмы, для девушек – коктейльные платья.

стен АУЦА, а именно в Баркоде. Все прошло «на ура». В основном мы ориентировались на людей более старшего возраста, не студентов. Освещение этого вечера провели несколько бишкекских крупных глянцевых журналов. В программе вечера присутствовал показ мод, а особенным предложением стал бодиарт для гостей. К этой вечеринке мы готовились полтора месяца и очень довольны ее результатами.

Акжибек Бейшеналиева

**Editors:** Juliya Kudaibergenova Kirstin Styers

Advisers: Natali Anarbaeva Nargiza Ryskulova

Design & Layout: **Emil Akhmatbekov** 

- Расскажите про Black&White Party. Асейин: Это была вторая по счету вечеринка, проведенная нами вне

Karlygach Nurmanbetova Valeriya Melnichuk Svetlana Verchenko Yama Hotak Mariam Amiri Akjibek Beishenalieva Masha Panfilenko Surava Shams

Aizhan Omurbekova

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